# CAMS ALCOHOL BREATH TESTING PROCEDURE

## Standard Operating Procedure

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| **SCOPE** | This is a review and update to the existing CAMS procedure for alcohol testing to more accurately reflect contemporary community expectations.<br>This procedure details the actions required to select a competitor or official for testing by a CATO, through to the reporting and referral to the Stewards of the Meeting following a positive alcohol confirmation reading.<br>It also outlines the compulsory action which must be taken by the Stewards as a result of a second positive reading.<br>To ensure good governance and duty of care; random alcohol breath testing may be conducted on competitors and officials participating in any motor sport activity held under the CAMS sanction. |
| **DEFINITIONS** | The following definitions apply to this Standard Operating Procedure:<br>• **Anti-Doping Policy:** CAMS' prohibited substance policy which governs all aspects from testing through to judicial outcomes. This policy is approved by the Australian Sports Commission.<br>• **At Any Event:** Includes all motor sport activity held under the sanction of CAMS.<br>• **In Competition:** Breath testing to be conducted within the parameters of the time the event is being held. Includes anytime a competitor or official is present at a venue in which he or she is competing or officiating until the time that his nominated duties expire.<br>• **NCRs:** National Competition Rules.<br>• **Chaperone:** A CAMS-authorised person who accompanies and observes the competitor or official following a positive screen test to the completion of the confirmation test.<br>• **Breath Analysis:** A test which is carried out through volume of breath to measure alcohol concentration.<br>• **Mouthpiece:** A plastic disposable tube that is inserted into the breath alcohol testing unit (breathalyser).<br>• **Screening Test:** An initial test using the breathalyser unit to determine the presence of alcohol.<br>• **Confirmation Test:** Second test to define the presence of alcohol.<br>• **Positive Reading:** A reading that is greater than 0.01mg/100ml (>0.01) which is registered on the breathalyser unit.<br>• **Negative Reading:** A reading that is less than or equal to 0.01mg/100ml (≤ 0.01) which is registered on the breathalyser unit.<br>• **CATO:** CAMS Authorised Testing Official.<br>• **Clerk of the Course:** Is responsible for conducting the meeting in accordance with the Supplementary Regulations.<br>• **Stewards of the Meeting:** Are appointed by CAMS to officiate as a panel under the chairmanship of the Chief Steward. The Stewards of the Meeting shall have supreme authority for the enforcement of the Supplementary Regulations including the International Sporting Code, NCR, sporting and any other relevant regulations. |



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## PROCEDURE

### 1. Selection of Competitor or Official for Alcohol Breath Testing

1.1 The CATO will determine who is to be tested.

1.2 The CATO will assess the best time to test, taking into account the impact on the running of the event. The CATO will liaise with the Clerk of the Course and or the Stewards of the Meeting as necessary.

1.3 Ideally, testing should be carried out prior to participation in the activity; however it may be carried out at any time during the activity.

### 2. Procedure Prior to Testing

2. 1 The CATO will identify themselves to the competitor or official as duly authorised by CAMS by showing the appropriate credential.

2.2 The CATO will advise the competitor or official of the authority for testing as prescribed under the CAMS NCR.

2.3 The CATO will ask the competitor or official if they have been tested previously at an event or would like an explanation of the procedure.

2.4 If the person has not been tested previously or so requests, an explanation of the procedure will be given.

2.5 Should the competitor or official refuse to submit to a test or fails to follow the proper and reasonable instructions of the CATO, the competitor or official will be considered to have committed a breach of NCR 183 (viii)

2.6 The CATO must instruct the competitor or official that a refusal or failure will result in the matter being referred to the Clerk of the Course and Stewards of the Meeting for due process which may include removal from the event and sanctions as prescribed under the Anti-Doping Policy.

2.7 Should the competitor or official still refuse or fail a test then the competitor or official will be excluded from further participation in the meeting by the Stewards of the Meeting and subject to further sanctions under the terms and conditions of the Anti-Doping Policy.

### 3. Undertaking of Screening Test

3.1 The CATO will instruct the competitor or official to take a deep breath and blow steadily and forcefully into the mouthpiece of the breathalyser unit until the device indicates that an adequate amount of breath has been obtained.

3.2 The CATO will show the competitor or official the test result as displayed on the breathalyser unit if requested.

3.3 A result in excess of 0.01mg/100ml or > 0.01 will require a second test to be carried out to confirm the initial positive reading.

### 4. In the Event the Screening Test (First Test) Reads Positive

4.1 Should the initial screening test read positive (>0.01), the CATO will show the competitor or official the displayed reading as shown on the breathalyser unit and inform him/her that they may have committed an Anti-Doping Rule Violation.

4.2 The CATO will inform the competitor or official that a confirmation test will now need to be undertaken no sooner than 15 minutes and no later than 20 minutes after the initial test.

4.3 The CATO will need to complete documentation indicating details of initial test reading, date and time.

4.4 The CATO will engage a chaperone and isolate the competitor or official until the confirmation test is completed.

4.5 During this chaperoned period, the competitor or official will be instructed not to eat, drink, smoke or put anything in their mouth (e.g. chewing gum) until the confirmation test is complete.

4.6 A new mouthpiece shall be inserted into the breathalyser unit by the CATO.

4.7 The CATO will instruct the competitor or official to take a deep breath and blow steadily and forcefully into the mouthpiece until the device indicates that an adequate amount of breath has been obtained.

4.8 The CATO will show the competitor or official and the chaperone the test result.

4.9 The CATO will record the result of the confirmation test on the documentation including time of test which is then signed by the relevant parties.

### 5. In the Event the Confirmation Test (Second Test) Reads Positive

5.1 Should the confirmation test produce a positive reading,(>0.01) the CATO will advise the competitor or official that they have now committed an Anti-Doping Rule Violation and that the matter will now be referred immediately to the Clerk of the Course and thereafter to the Stewards of the Meeting by way of report. Part of the report is forwarding the CAMS Alcohol Testing Log Sheet.

5.2 The report must be immediately forwarded to the Clerk of Course. If the Clerk of Course is not available, the report must be referred directly to the Stewards of the Meeting without delay.



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| **PROCEDURE (cont'd)** | 5.3 The Stewards of the Meeting will be required to exclude the competitor or official from the remainder of the meeting. The penalty of exclusion will have no bearing on any further penalty which may be applied under the Anti-Doping Policy.<br>5.4 Should the Stewards of the Meeting consider that a further penalty is warranted then a recommendation is to be drafted and forwarded to the CEO of CAMS<br>**6. In the Event the Confirmation Test (Second Test) Produces a Negative Reading**<br>6.1 Should the confirmation test produce a negative reading (≤ 0.01) then no further action will be taken against the competitor or official.<br>6.2 CAMS however reserve the right to require the same competitor or official to undertake a further test during the meeting.<br>6.3 In any case, the result of the tests may be reported to CAMS by the CATO in the general event report.<br>6.4 Should the confirmation test read negative, then no comment shall be recorded on the competitors or officials history file.<br>**7. Report by the CAMS Accredited Testing Official**<br>Copies of all reports generated by the CATO must be given to the Clerk of the Course for inclusion with the Clerk of the Course Report to the Stewards of the Meeting.<br>All readings will be recorded using the CAMS Alcohol Testing Log. |
| **SAFETY NOTES** | • In the event that a competitor or official is excluded from the event, the person is to be reminded of his legal and moral obligation to not drive if they are over the legal limit.<br>• Persons who are under the influence of alcohol (greater than 0.01) pose a risk of injury to all other participants of motor sport. |
| **ENVIRONMENTAL NOTES** | It is recommended where possible that both the wrapper and the mouthpiece be disposed of in a sealed bag or container and placed in a general purpose rubbish bin or hazardous waste container. |
| **PERFORMANCE MEASURES** | N/A |

| Related Documents | | | Other Links & References (including Forms) | Delegations |
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| **Policies** | **Standing Orders / NCRs** | **SOPs** | | |
| • CAMS Anti-Doping Policy<br>• CAMS Occupational Health and Safety Policy | 183(viii)<br>145A | | • *www.wada-ama.org*<br>• *asada.gov.au*<br>• CAMS Alcohol Testing Log<br>• CAMS Breathalyser Operational Training Module for CATOs | |

| Date to be Reviewed | Date to Cease | Date Endorsed | Endorsed by: |
|---|---|---|---|
| | | 12.12.08 | **Graham Fountain**<br>**Chief Executive Officer** |



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